

Ayurveda (the Science of Life)

These are excellent courses with in-depth knowledge for health professionals, healers, yoga teachers, body workers, holistic & Ayurvedic practitioners & anyone interested in increasing their Health and well-being



Vaidya R.K. Mishra 126th Generation Physician

"Health
is
Wealth"
Adishakti LLC



"You will gain practical
tools that you can use
in your practice and
personal day-to-day life"

marmaved
connecting heart, mind & soul

Vaidya R.K. Mishra is an Ayurvedic health practitioner, product formulator, researcher & educator born into a family of Raj Vaidyas (Physicians) that boasts a 5000-year-old history of healing – his familial lineage is recorded in the Puranas (ancient Vedic history texts). His in-depth theoretical knowledge of the classical Ayurvedic texts is accompanied by concepts of Western physiology and his unparalleled healing skills are conveyed with the grace of an eloquent english orator.

Upcoming Toronto Area Events:

DETOX / WEIGHT LOSS - Apr. 12, 1-9pm

This 7 Week Program offers quick healthy tasty recipes, herbal teas and a diet plan that is right for your body type. **Course Fee \$200**

Art of Living Centre: 1510 Drew Rd., Unit 14
(closest intersection is Derry and Dixie)

HAIR CARE - Apr. 13, 1-9pm

Prevent balding, rejuvenate hair follicles and restore healthy lustre to hair. Learn how to improve hair health. **Course Fee \$200**

Art of Living Centre: 1510 Drew Rd., Unit 14
(closest intersection is Derry and Dixie)

FREE INTRO - Apr. 17, 7-9pm

Discover how the ancient science of Ayurveda adapted for the western cultures by RK Mishra is a complete system for optimum health.

Museum of Hindu Civilization: 8640 Yonge St.
(closest intersection is Yonge & HWY 7)

FREE INTRO - Apr. 18, 19 & 20

Discover how the ancient science of Ayurveda adapted for the western cultures by RK Mishra is a complete system for optimum health.

Total Health Show: Metro Convention Centre
(visit www.consumerhealth.org for times)

For more Information & to Register:

MarmaVed.Com or VaidyaMishra.Com

Tel: 1-866-MARMA-4-U (Dr. Shannon Bourke)